

Sports Club

The Sports Club of Dr.C.V. Raman University provides all amenities to the sports lovers including well maintained sports grounds and facilities for games such as hockey, football, cricket, basketball, volleyball, athletics etc. and well as various indoor games like badminton. The Dr.C.V. Raman University also has a large gymnasium and a hall for indoor games. The club organizes Annual sports events where students actively participate and are accordingly awarded and honored. The Sport Clubs program is comprised of groups of individuals organized to further their interest in common physical activity through instruction, recreation and/or competition.

The Objectives of Sports Club of Dr. C.V. Raman University are :-

1. To develop leadership skills by providing opportunities for students to organize, administer, and manage through individual clubs and/or the Club Sport Council.
2. To provide an outlet for advanced participation and competition in a particular sport.
3. To develop physical fitness by maintaining and increasing such components as speed, flexibility, muscular strength, muscular endurance, aerobic capacity and anaerobic capacity.
4. To develop an understanding of the importance of sport in the pursuit of a healthy and active lifestyle at the campus/premises.
5. To promote an awareness of and an ability to appreciate the aesthetic qualities of sporting performance and movement.
6. To develop an ability to observe, analyze and judge the performance of self and peers in sporting situations.
7. To develop an appreciation of the concepts of fair play, honest competition and good sportsmanship.
8. To develop the capacity to maintain interest in a sport or sports and to persevere in order to achieve success.
9. To promote an understanding of physical and mental well-being through an appreciation of stress, rest and relaxation.
10. To provide opportunities for pupils to excel at sport.
11. To ensure that every pupil can maximize their sporting potential and find a sport that they can enjoy and participate in with some success.
12. To increase participation through Community based programmes.
13. To promote a culture of Active Living.

	Name	Designation	Department
Faculty In charge	Dr. Sudheer Rajpal	Asst. Prof.	Department of Physical Education
Member	Dr. J.S.Yadav	Asst. Prof.	Department of Physical Education
Member	Dr. B.John	Asst. Prof.	Department of Physical Education
Member	Dr. Yuvraj Shrivastava	Asst. Prof.	Department of Physical Education